

CERTIFICATE OF PARTICIPATION

This is to certify that

Martin Nkwana

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:08:29

PACE 05:15/km

OVERALL 3 of 149

GENDER 3 of 79

OPEN 3 of 40

23 June 2019, Sun

Date



BoutTime

Signature

